## Sports & Fitness

## **Preschool**

Ages 3-6 March 11 - May 10 Registration closes March 10

MONDAY No Class: 4/1

> Creative Kids Art 1:00-2:00 PM \$156

TUESDAY
No Class: 4/2

**Tap/Ballet** 1:00-2:00 PM **\$196** 

**Kids Zone** 1:00-2:00 PM **\$140** 

WEDNESDAY No Class: 4/3

> Movement Matters 1:00-2:00 PM \$140

THURSDAY No Class: 4/4, 4/25

**Tennis** 1:00-2:00 PM **\$160** 

**Kids Zone** 1:00-2:00 PM **\$125**  Creative Kids Art Dawne
Cueller will introduce your child to
the wonders of color and texture,
learning his/her primary colors and
learning how to mix them to create
secondary colors! They will make a
new masterpiece each week. Art
can get a bit messy and we will
provide smocks; however, please
don't send your child in their Sunday
best!

**Kids Zone** offers an extension to an already awesome day at the Kingswood Preschool. Kids can enjoy extra games, activities, playtime. You never know what our KZ Captain might dream up for them to do.

Tap/Ballet Instructors from Creative Movement & Dance teach a class combining tap and ballet. Since ballet is the basis for all dance technique, the combination of both work hand in hand. The technical training is taught through ballet, which in turn helps teach the proper shifting of weight and patterns in movement for tap. Since children naturally respond to music and movement, all of the activities are executed to fun music.

Movement Matters In this class students explore play environments, movement games, parachute activities, music and dance. This class was designed to support physical, tactile, social and language development. Your child will accomplish gross motor, fine motor and sensory challenges in a fun and energized atmosphere. Each week has a different theme to encourage imagination. Instructor, Peggy Coxen, has a background in Recreation Therapy and has been working with preschool aged children for 20+yrs.

**Tennis** Instructors from Pure Tennis bring their Tennis Tots Program which offers your small tennis star a fun introduction to the game in a setting that's perfect for their learning abilities. The Tennis Tots Program uses smaller racquets as well as low compression balls to learn strokes and movements to the motor skills they'll need to move forward as they grow; they make certain your child gets the basics in an environment that works for them. The goal is to continually help build and develop their interest in the sport.

Allen Baston, Office & Facilities Manager 770.457.1317 x28 abaston@kingswood.church Register online:

kingswood.church

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